



OHCOACH



# THE EVIDENCE OF CONFIDENCE

Analyze, plan, and prove with data.  
This is where your confidence begins.



# We are with

OHCOACH has been chosen by a number of teams across the world

44 / 91 / 352

Countries / Leagues / Teams



K League



Úrvalsdeild



Uzbekistan Super League



Kosovo FA



Trinidad & Tobago  
Football Association



League of Montenegro



FC Seoul



SS Lazio



Beşiktaş J.K.



PFC CSKA Sofia



Pacific FC



Kitchee SC

# Why OHCOACH

recommandation from all over the world

- # accurate & reliable data
- # matchday preparation
- # player development & motivation
- # prompt support & detailed consult



“Kitchee use the OHCOACH to monitor the players’ performance in trainings and matches. Along with first team, our U18 and U16 also use the service. OHCOACH provides **accurate and reliable data** to us, and we’ve always be satisfied with the **prompt support** from the team. ”

**Norris Ng**  
Kitchee SC / Technical Analyst



“OHCOACH helps us to analyze players' training and match load in an objective way. We recommend Fitogether as they provide **detailed consult** to us. OHCOACH service is evolving rapidly, and also has excellent GPS accuracy.”

**Ji Hwan Hawng**  
FC Seoul / Physical Coach



“We use OHCOACH before and after sessions to **analyze & periodize** our training load. OHCOACH enables us to learn about data analysis and football demands.”

**Santiago Gómez**  
Deportivo Alavés / Technical Coach



“It is applied in a controlled manner from the beginning to the end of trainings and matches. It is a service that will contribute positively to **the development of football players** if used properly.”

**Farid Aliyev**  
Qarabag FK U19 / Coach Assistant



“We use OHCOACH **for matchdays** to track the data from our league and cup matches. The metrics we use most often are total distance, high-speed running, number of sprints and max speed. OHCOACH is able to **motivate players even further.**”

**Sam**  
Legon Cities FC / Technical Coach





# Experience the global level

Ranked No.1 in [FIFA Quality Test](#) since 2019,  
Our technology has been proven its value around the world.  
Data accuracy is the basis for correct analysis and judgment.  
Fittogether leads the world trend with advanced data analysis technology in the industry.



# Cell

Cutting-Edge Wearable Technology for Athlete Data Acquisition

## Certifications



## Player Tracking

Record players' trainings and matches using OHCOACH Cell, the most accurate wearable EPTS approved by FIFA.

GNSS and IMU data records players' precise movements, and HR data tracks their body response.

OHCOACH Cell is the world's most FIFA-certified wearable system. (5 FIFA Basic, 1 FIFA Quality certifications)

## Key Features

- Position Measurement with 10Hz GNSS (GPS / GLONASS / GALILEO / BEIDOU)
- Motion Measurement with 100Hz, 9-Axis IMU (accelerometer / gyroscope / magnetometer)
- Heartrate Aquisition with Polar OH1/H10
- Wireless Connectable with Wi-Fi and Bluetooth

## Size & Weight

45 (L) x 76 (H) x 18 (T) mm  
51 g

## Operation Condition

-10 °C to 55 °C  
Sweat-proof / Splash-proof

## Wireless Connectivity

Wi-Fi 802.11b/g/n  
Bluetooth 4.2 and Bluetooth LE

## Operation Time

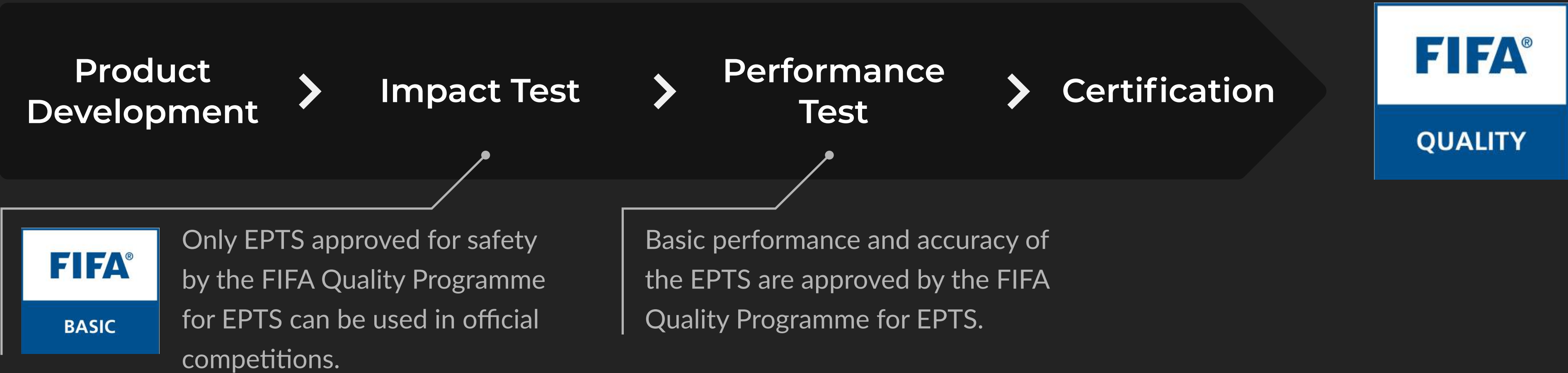
6 hrs (GNSS only)  
4 hrs (GNSS + Live monitoring)  
2.2 hrs (GNSS + Live monitoring + HR)



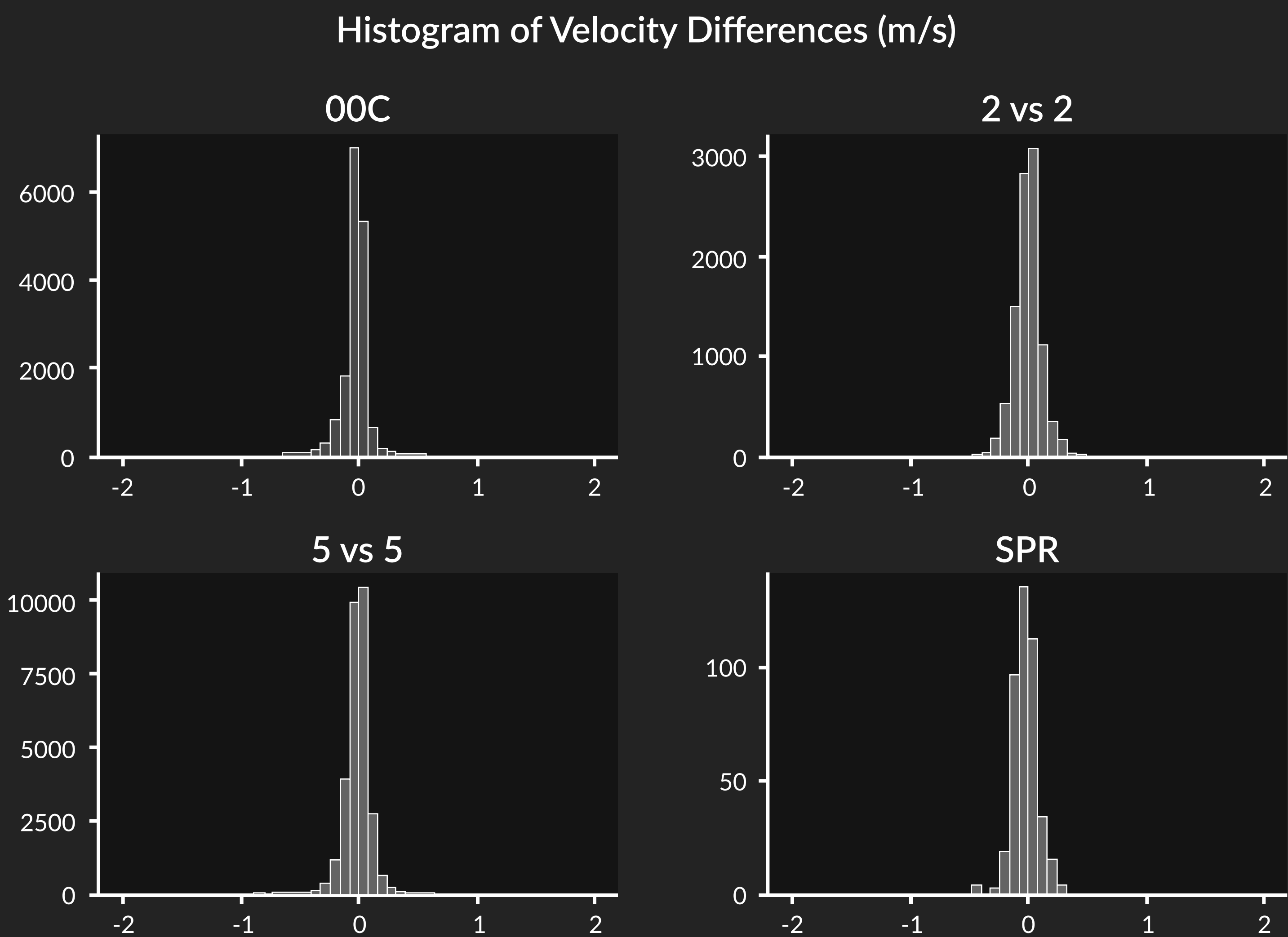
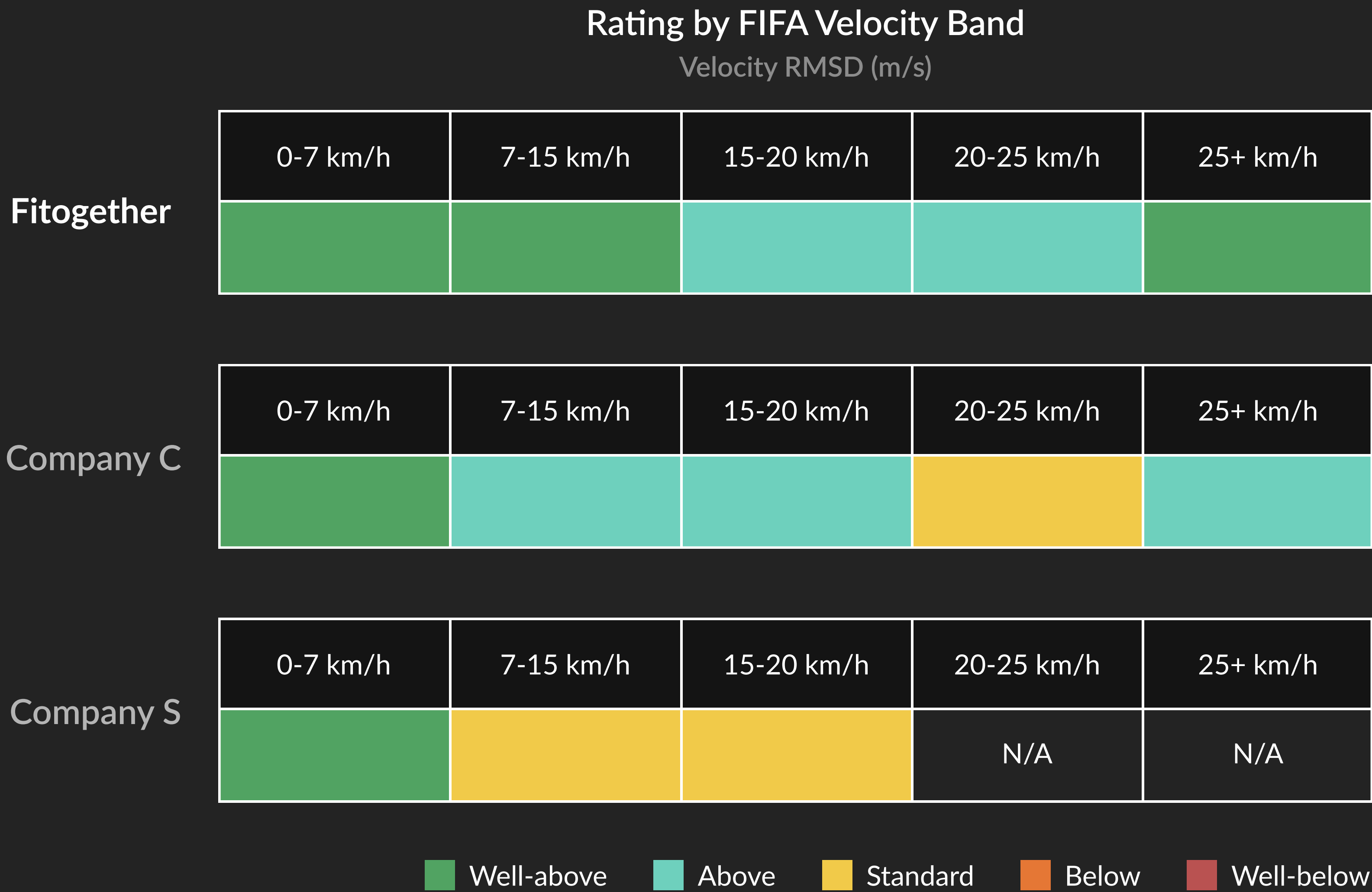
# Cell \_ FIFA quality test No 1. ranked

## Certification Process

Any provider of Electronic Performance and Tracking Systems (EPTS) who wishes to test and certify their EPTS technology (wearable & performance) to the FIFA standard shall follow the step-by-step process as a guideline.



## EPTS Performance Test Report



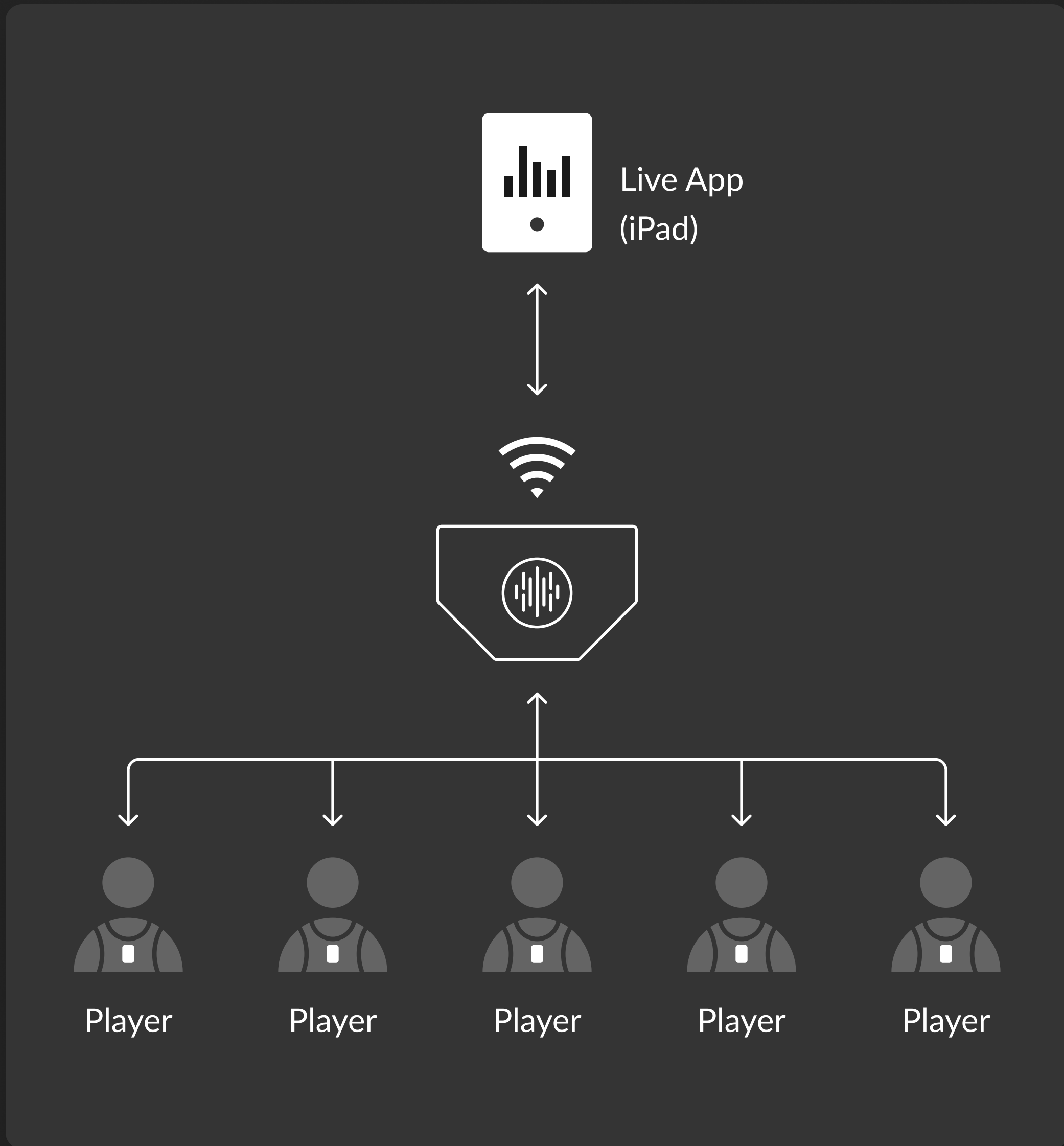


# Live Hub



## Live Streaming & Real-time Monitoring

Manage all of the data on the field in real time with the iPad App.  
Needless to say, this is all done without any data loss.



### Key Features

- Up to 150 m of Wireless range
- Up to 30 Cells of Wireless connection

### Size & Weight

- 230(L) x 173(H) x 94(T) mm
- 1.2 kg

### Operation Condition

- 10 °C to 55 °C

### Wireless Connectivity

- Wi-Fi 802.11 b/g/n

### Operation Time

- 10 hrs

### Certifications





# Dock



## Key Features

- Up to 36 Cells
- 1.5 hrs to fully charge Cells
- Single button control to power on/off Cells

## Size & Weight

410(L) x 340(H) x 150(T) mm  
4.4 kg

## Connectivity

USB 2.0

## Operation Condition

-10 °C to 55 °C

## Power

24 V / 6 A / 144 W

## Certifications



# Vest



## Key Features

- 4-way stretch
- Soft and Lightweight
- Top Grade Sportswear Fabric (Nylon 88%, Polyurethane 12%)
- UV Protection

## Design

- Comfortable fit for neck / chest / shoulder
- Seamless design to minimize skin friction

## Operation Condition

- Machine washable
- Tumble dry



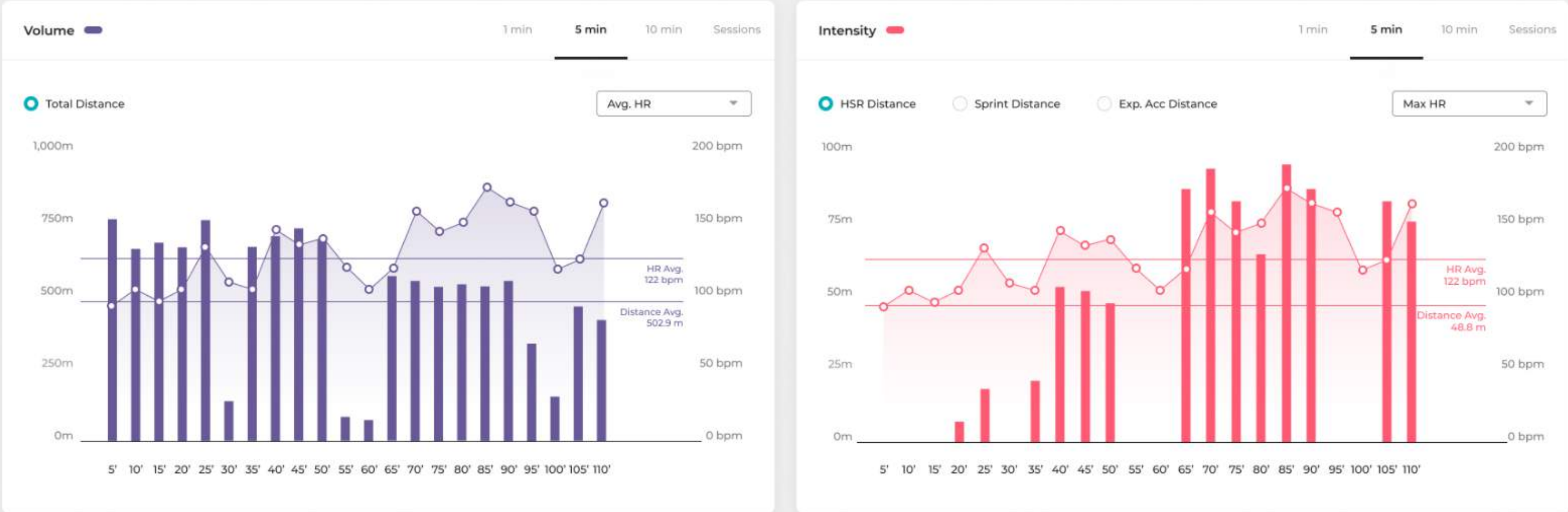


# Focus on your current situation

Manage the team and players' fatigue level and injury risks through data analysis report.  
Monitor them to maintain their optimal condition.  
Furthermore, accurately analyze the physical performance required for your sports.  
By analyzing and tracking data, your next steps to take will be clearer than ever.



Activity Load





Performance



# Physical Performance

Discover the overall players' physical performance. Assess players' on-field performance (Speed, Agility, and Power) by tracking frequency and intensity of explosive sport actions and their changes over time.

- Report
- Activity Load
  - Physical Performance
  - Playing Style and Role / Tactic



# Playing Style and Role / Tactic

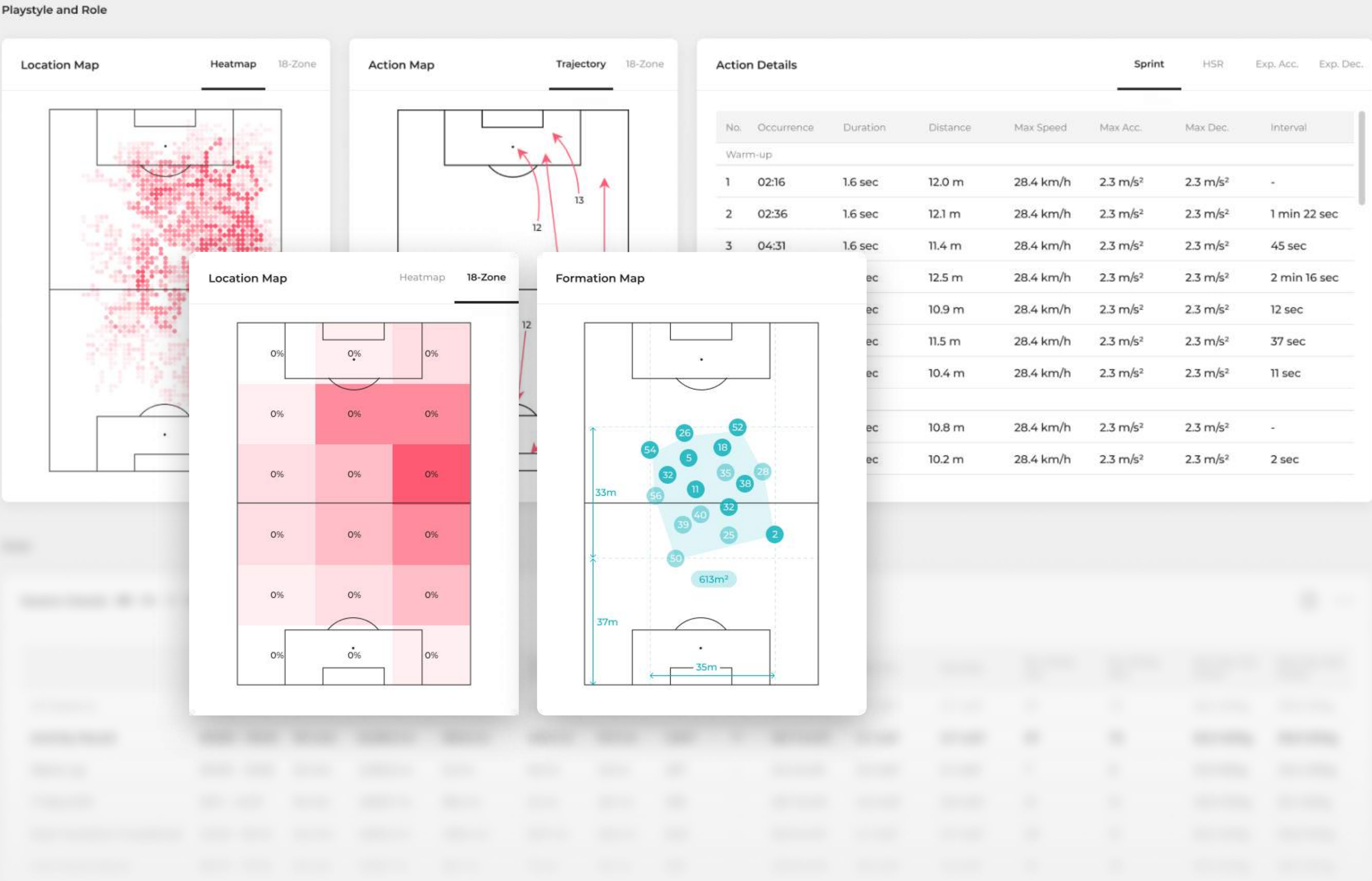
Analyze the playing style of your team and players.  
Heatmap, 18-zone map, and Trajectory map support intuitive interpretation of players' movements and explosive sport actions on the field possible.

Report

Activity Load

Physical Performance

Playing Style and Role / Tactic







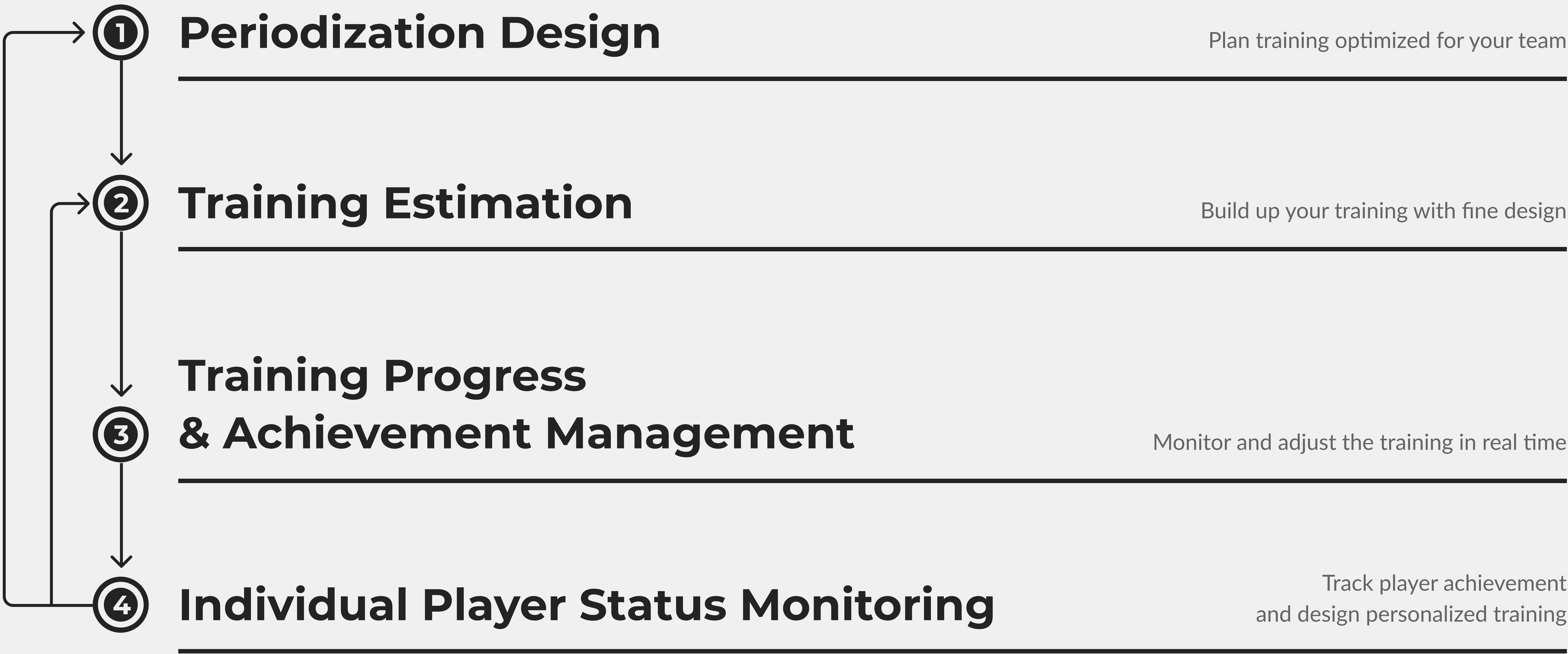
# Design your victory

Mistakes cannot be predicted, but failures can be prevented and prepared for.  
Design your win through your own systematic training on the dashboard.



Dashboard

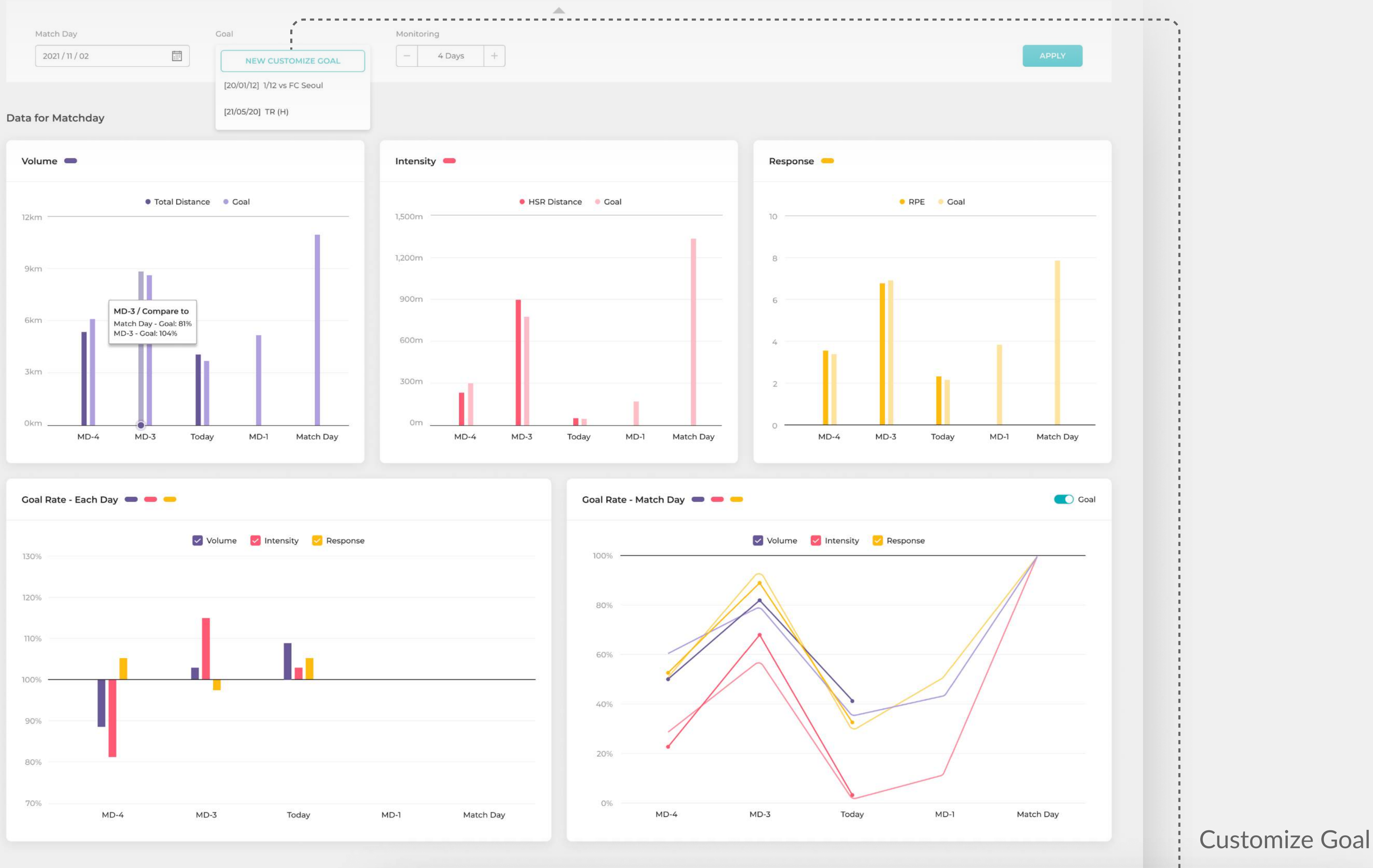
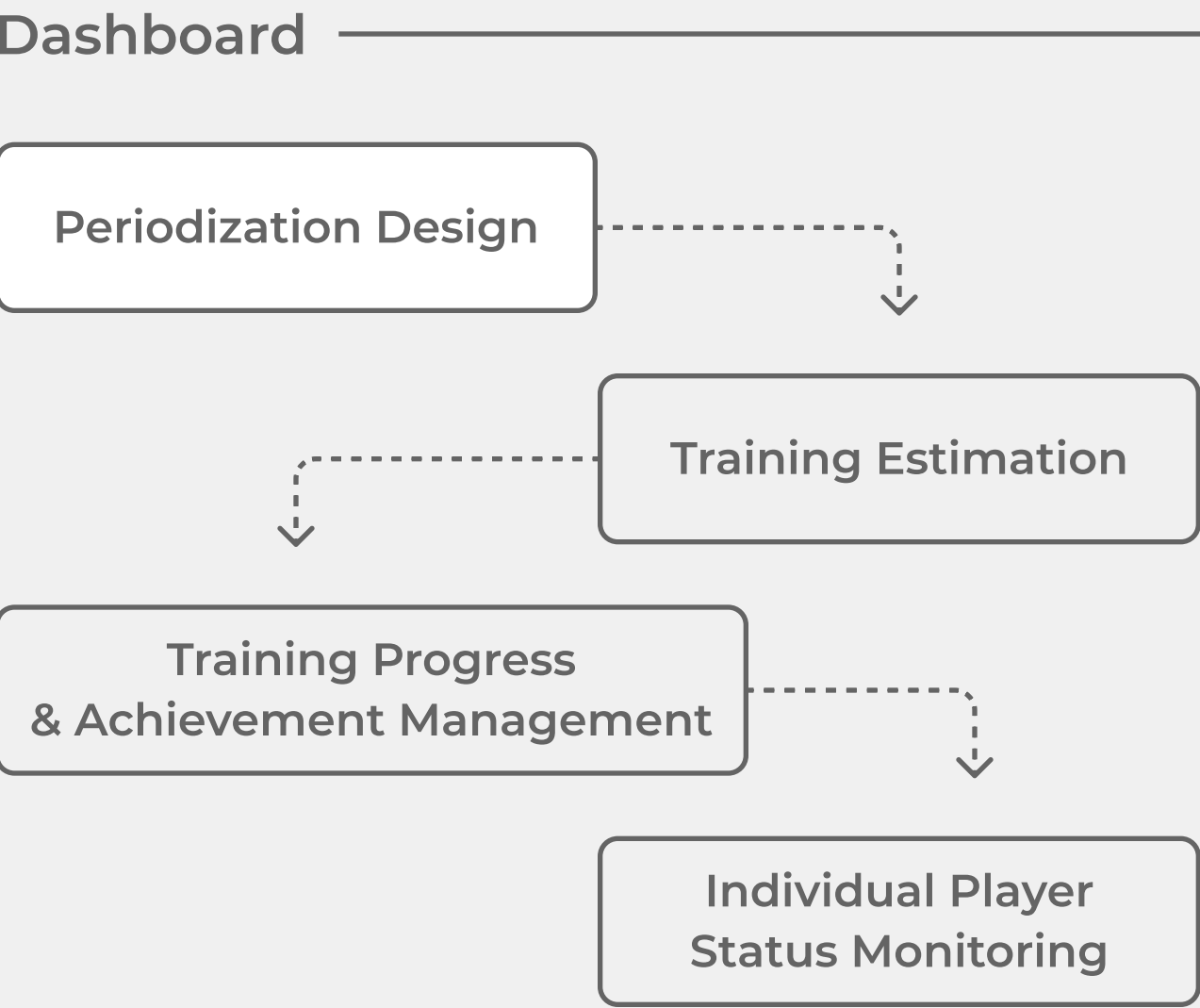
Dashboard-based Decision Making





# Periodization Design

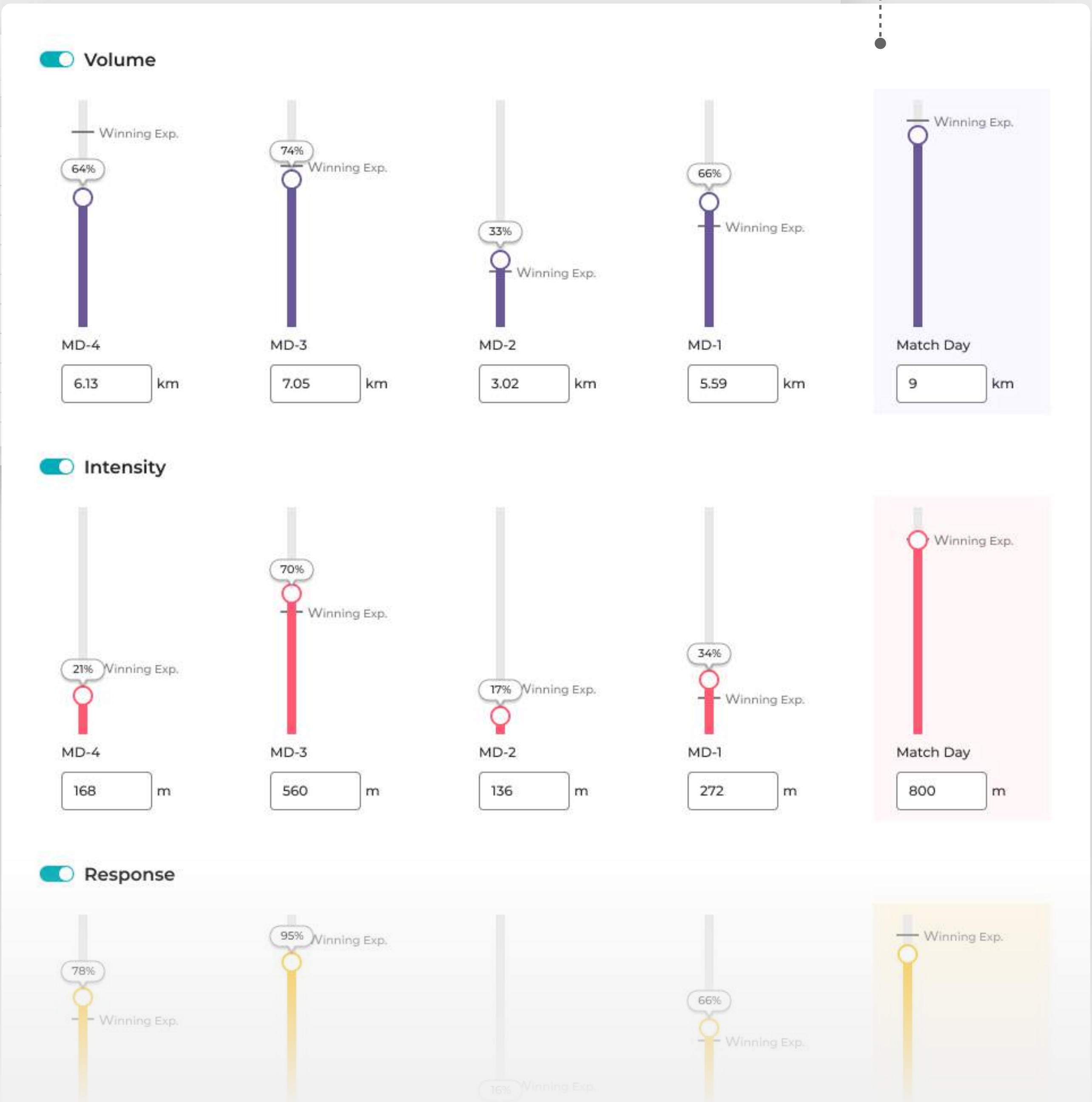
Plan training optimized for your team.  
Design user-specific training periodization based on opponent or matchday schedule.  
Past positive experience data guide you to designing team-optimized training.



Player Details

[Today] MD-2

Jersey No.	Name	Position
07	Cristiano Ronaldo	CM
10	Lionel Messi	WF
09	Erling Haaland	FW
06	Paul Pogba	CM
03	Alphonso Davies	FB
02	Alexander-Arnold	FB
08	Toni Kroos	CM
11	Neymar Junior	WF
05	Raphaël Varane	CB
04	Virgil van Dijk	CB





ADD SESSIONS

Type

All

Warm-up

Possesion Game

S.S.G.

Tactics

1st Half

2nd Half

Type	Sessions	# of Conduct	Duration	Volume	Intensity
All	Dynamic stretching	38 (15 %)	15 min	1233 m	85 m
Warm-up	Reaction	70 (24 %)	10 min	567 m	183 m
Possesion Game	7v7 Transition	137 (26 %)	36 min	1432 m	138 m
Possesion Game	6v6+NI	119 (24 %)	23 min	1862 m	62 m
S.S.G.	10v10	145 (26 %)	55 min	5872 m	468 m
S.S.G.	8v8	70 (24 %)	27 min	2480 m	220 m
Tactics	Counter Attack	58 (16 %)	30 min	1,804 m	483 m
Tactics	Build up	141 (24 %)	30 min	2463 m	89 m
1st Half	vs Fittogether 1st	46 (6 %)	45 min	4863 m	463 m
2nd Half	vs Fittogether 2nd	70 (24 %)	45 min	5324 m	553 m

Shooting game 3Team ROT

Target Time

22 min

Est. Volume

1,804

min 1,693

max 2,101

Est. Intensity

129

min 104

max 147

Total Distance Est. 1,804 m

HSR Distance Est. 129 m

10

< 1 - 5 of 10 >

CANCEL

SAVE

Add Sessions

Training Sequence

Warm-up 15 mins

4v2 Possesion 25 mins

Shooting game 3 Team 15 mins

Shooting game 3 Team 15 mins

Total Time

50 mins

Est. Volume

5,890

min 4,760

max 6,940

Est. Intensity

190

min 104

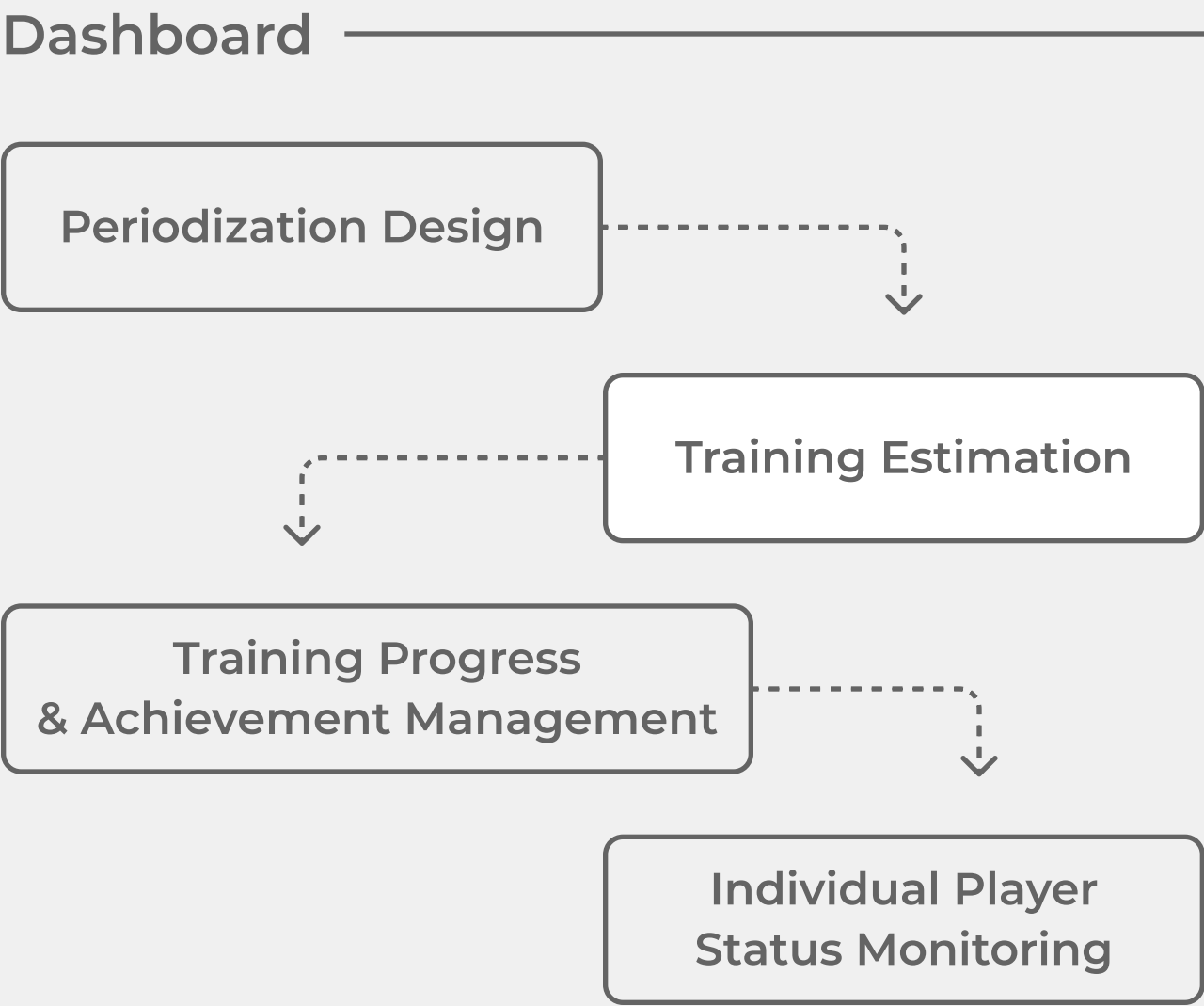
max 190

Total Distance Est. 5,890 m

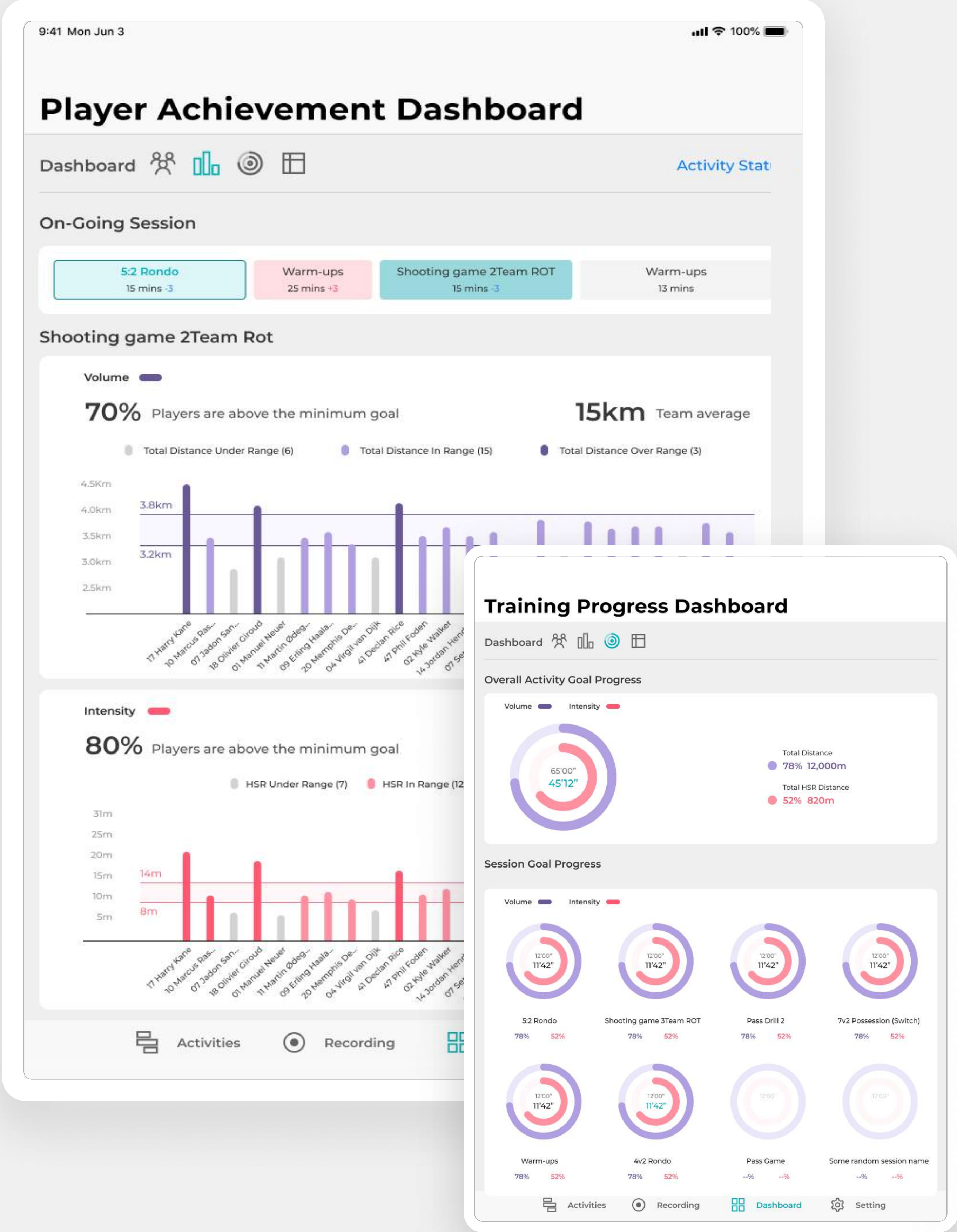
HSR Distance Est. 190 m

# Training Estimation

Build up your training with fine design.  
Design systematic and optimized training with the session load prediction based on your past data records.

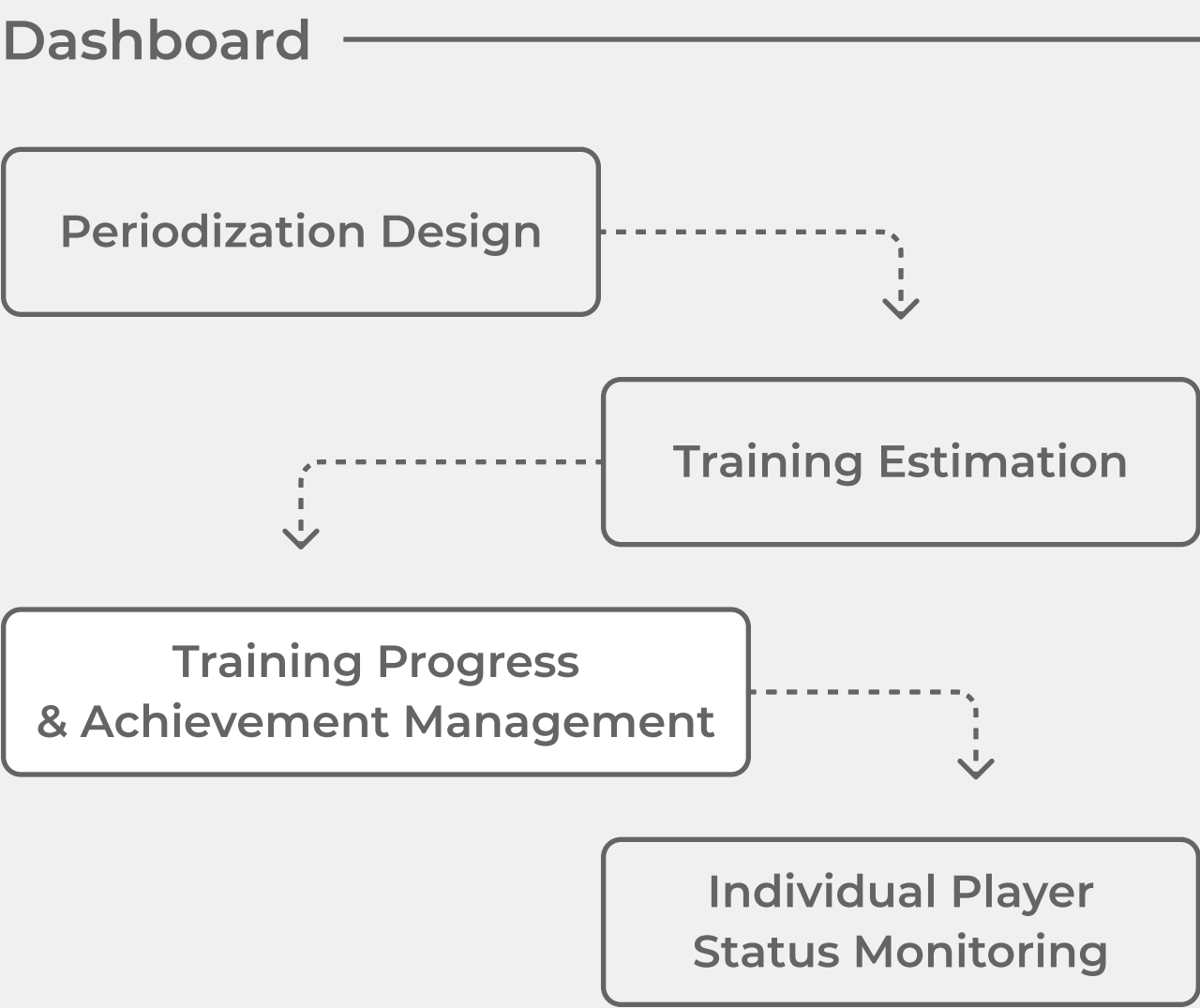




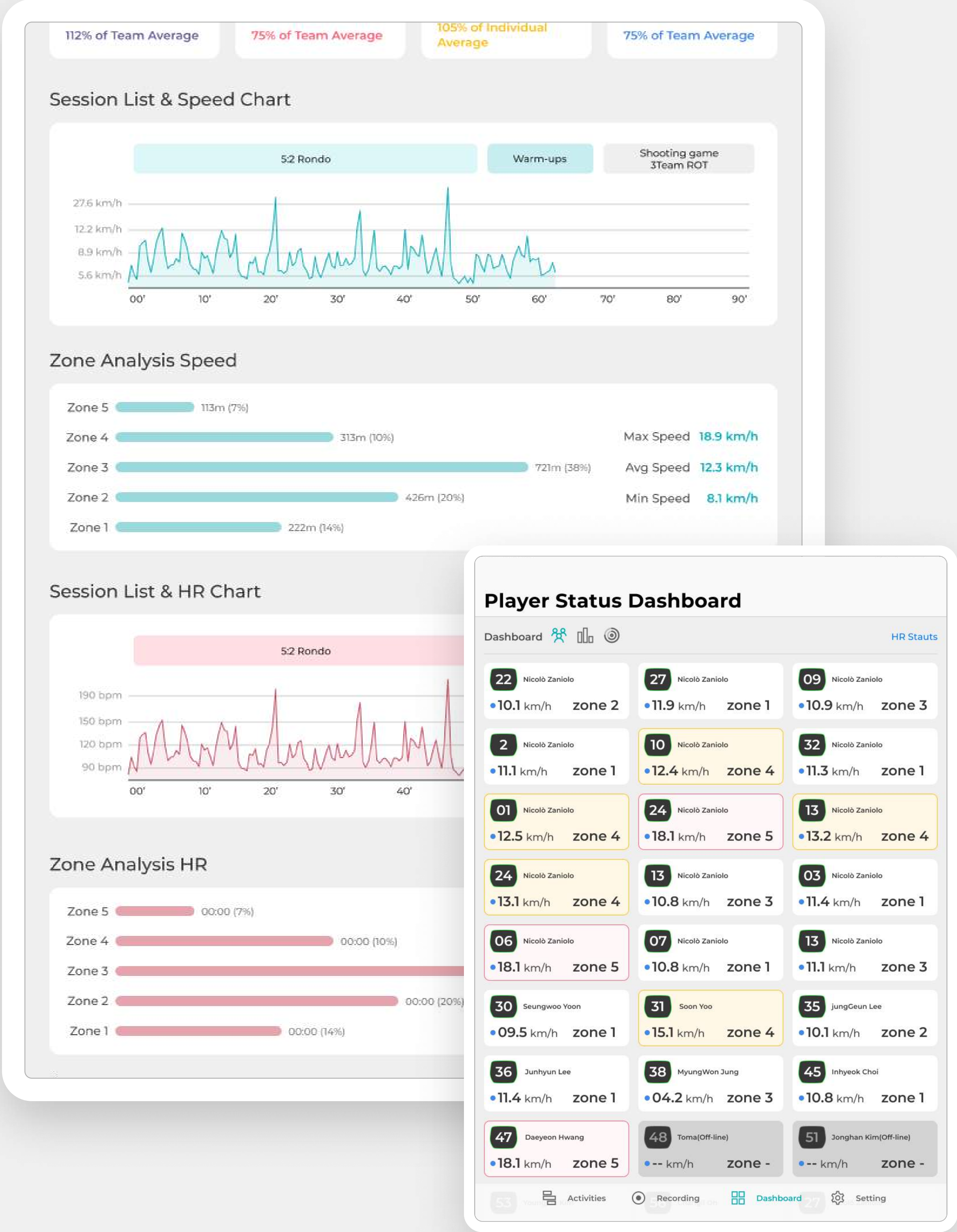


# Training Progress & Achievement Management

Monitor and adjust the training in real time.  
To reach goals effectively, instantly track training progress and players' achievement rates in sessions.

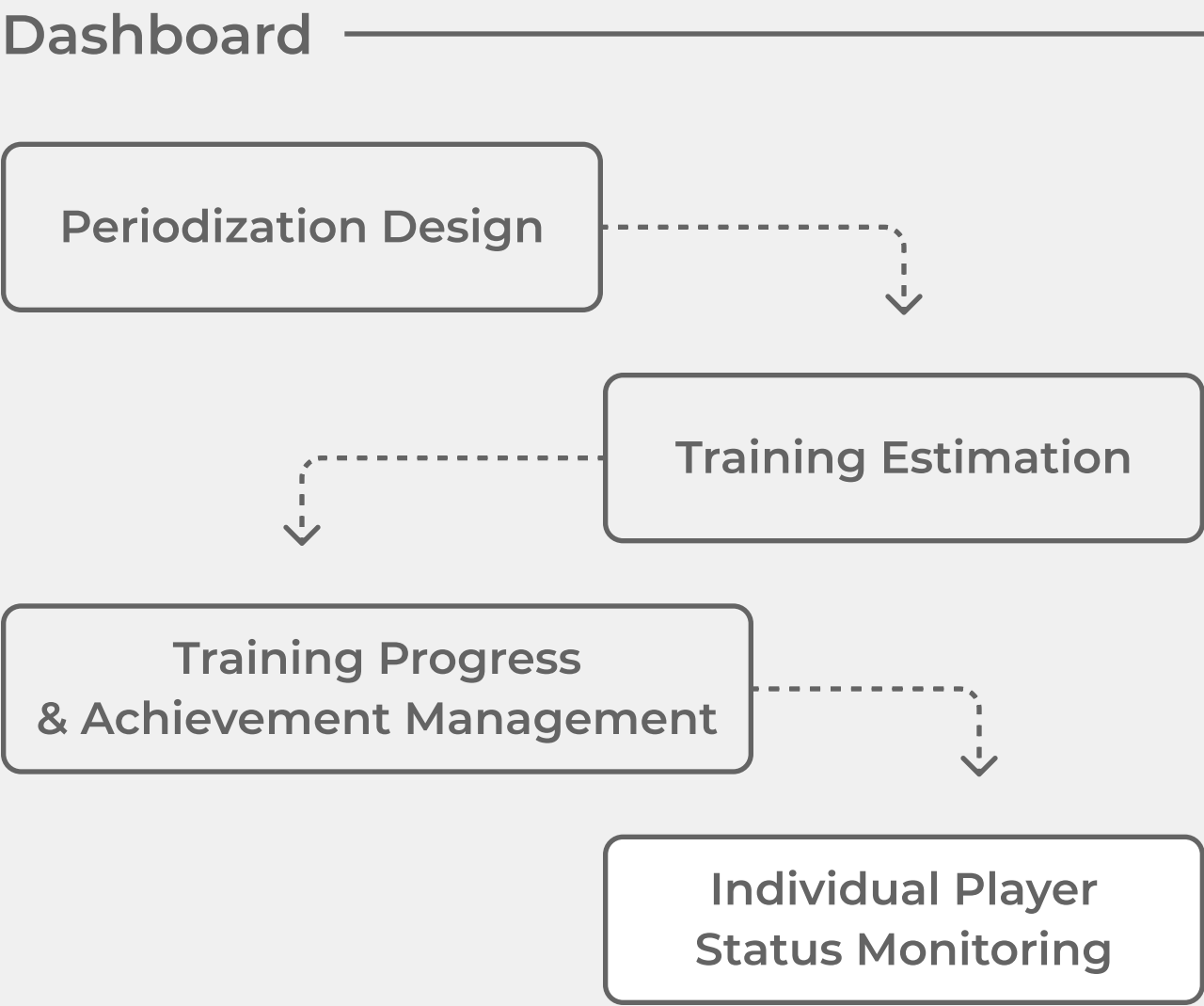






# Individual Player Status Monitoring

Track player achievement and design personalized training.  
Manage individual players' condition  
and keep personalized optimal performance in matches and trainings.







# Discover your best solution

OHCOACH Analytics Ultimate  
OHCOACH Analytics Essential



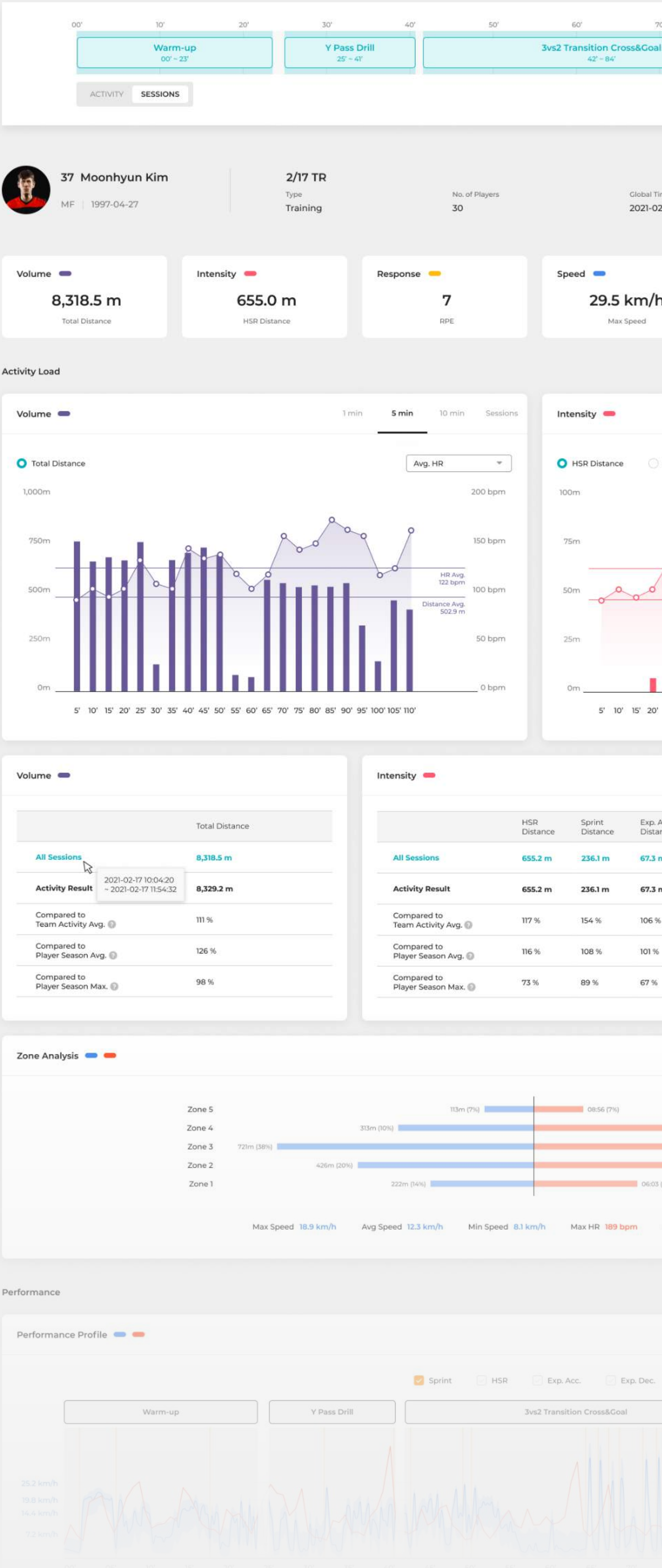
OHCOACH Analytics

# Ultimate

#advanced analysis

#real-time

#routine management



Analytics \_ Plans

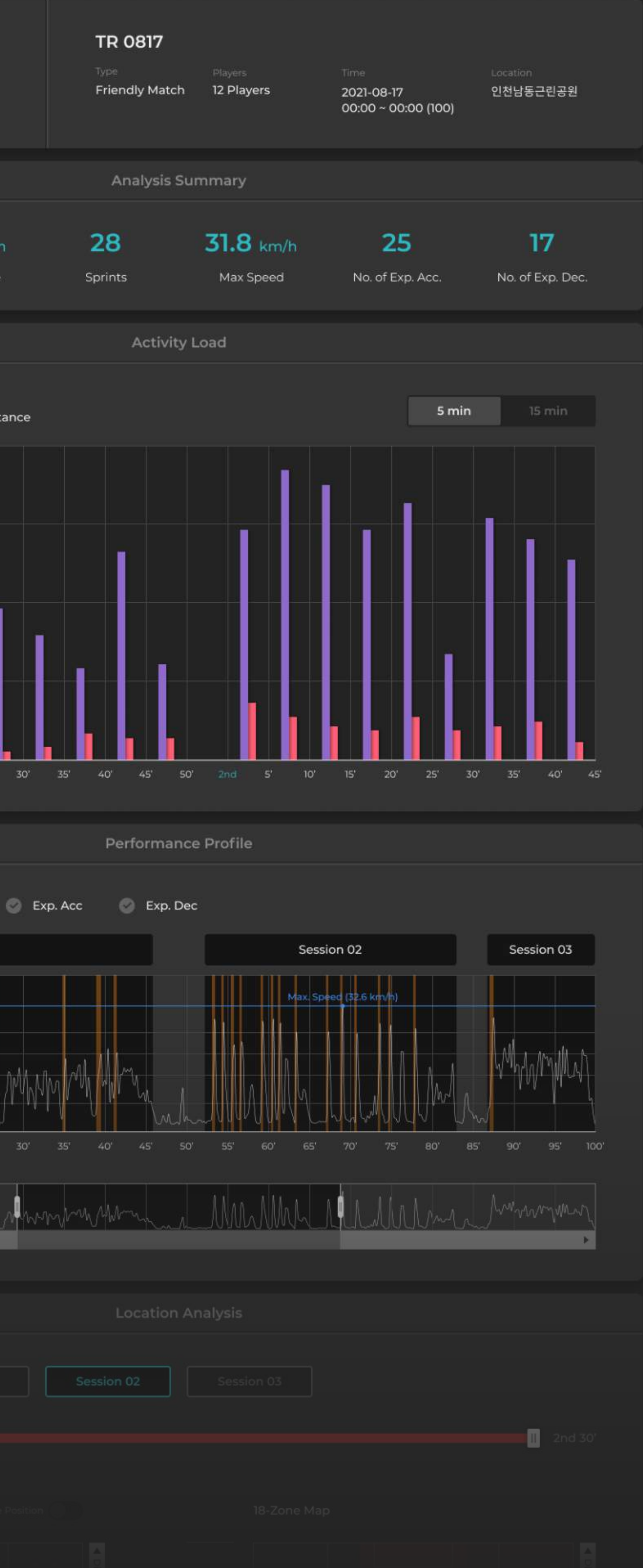
OHCOACH Analytics

# Essential

#compact

#easy to use

#affordable





OHCOACH Analytics

Ultimate

Larger team that need complicated analysis	Perfect for	Starter and small to medium-sized team
	<b>Data Support</b>	
✓	Location and Speed data (GPS)	✓
✓	9-axis Motion data (IMU)	
✓	Heart rate data (HR)	
✓	<b>Unlimited Data Analysis</b>	✓
✓	<b>Live Tracking &amp; Real-time Monitoring</b>	N/A
200+ metrics	<b>Metrics</b>	100+ metrics
	<b>Report</b>	
✓	Team-Activity Report	✓
✓	Player-Activity Report	✓
✓	Player Cumulative Report	✓
	<b>Dashboard</b>	
✓	Periodization	✓
✓	Training Progress	
✓	Player Achievement	
✓	Player Status	
	<b>Analysis Setting</b>	
✓	Metric Filter	✓
✓	Player Groups	
✓	Session Types	
Customizable	<b>Data Export</b>	Basic
Multiple coach invitation Multiple team management	<b>Account Permission</b>	Basic
	<b>Customer Service</b>	
✓	24 hours / 7 days support	✓
✓	4 weeks intensive care	✓

OHCOACH Analytics

Essential